

## Experiences

From yoga to hiking, cooking classes to gourmet experiences, there is always something happening up in the trees...

ALL

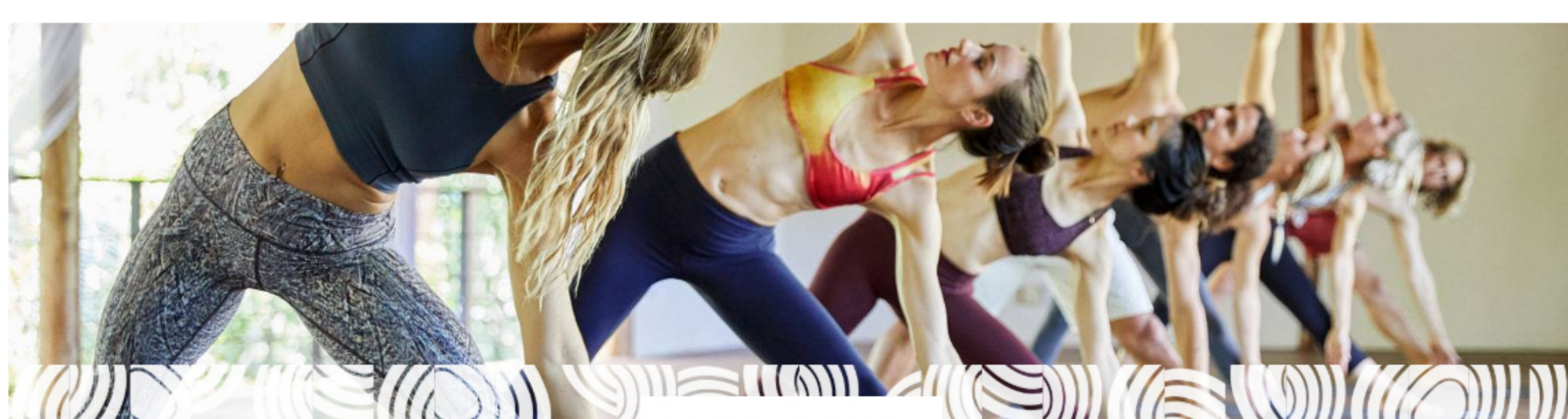
CULINARY

NATURE

ARTS & CULTURE

ADVENTURE

HEALTH & WELLNESS



HEALTH & WELLNESS

### Yoga

Sample daily yoga classes ranging from vinyasa to yin in our brand new yoga deck with expansive views over the Pacific. Or lead your own practice up in a tree...

Daily | 10:00 AM

MORE INFO >

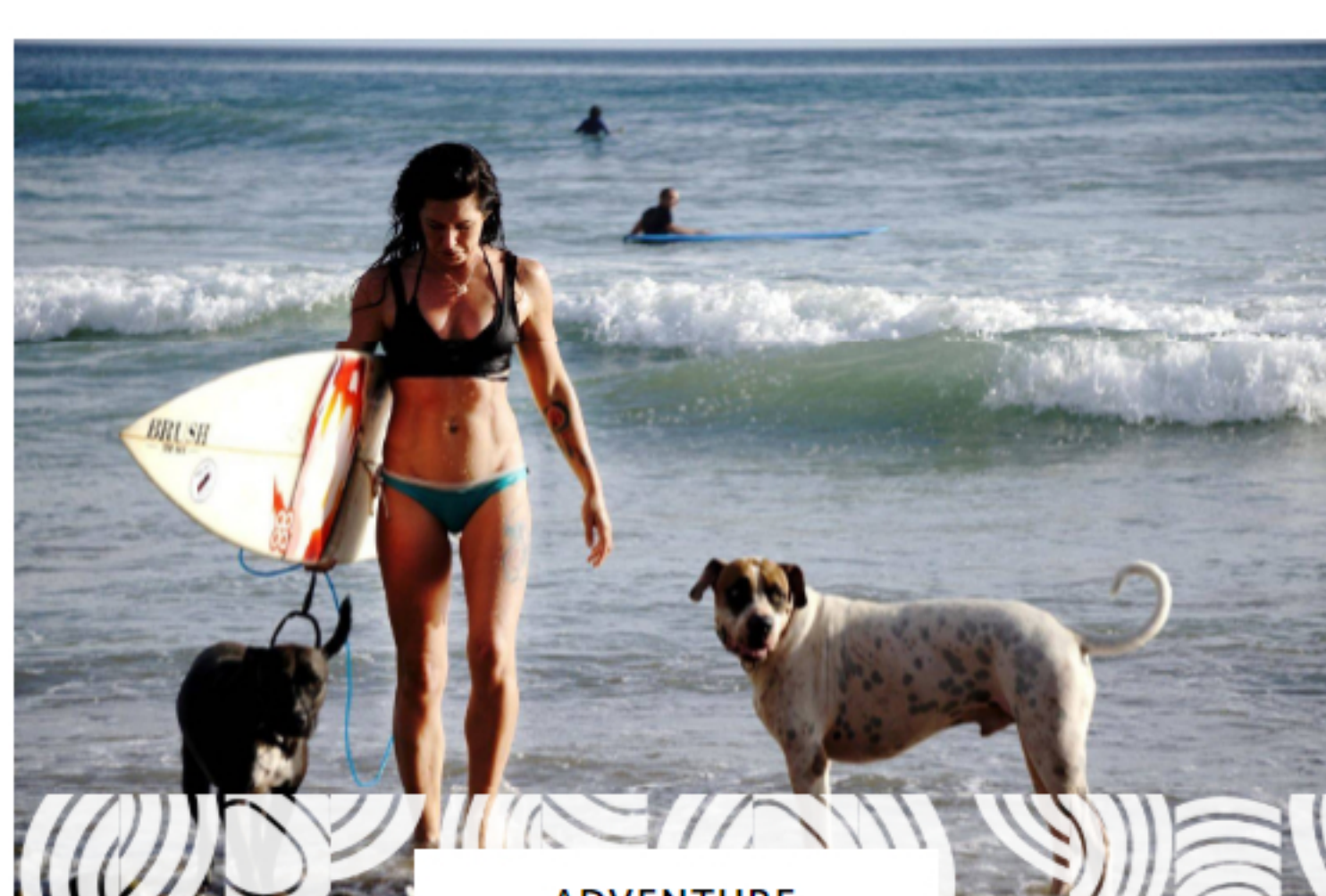


CULINARY

### Guest Chef Series

TreeCasa takes the farm-to-table movement to another level: by bringing masters of international cuisines from all over to conduct a symphony of flavors in a special dinner series.

MORE INFO >



ADVENTURE

### Surf!

Some of the best surf in the world is just 15 minutes down the road. Stay with us and surf a different beach daily, from beginner to big breaks. Lessons, boards and transport available daily.

Daily

MORE INFO >

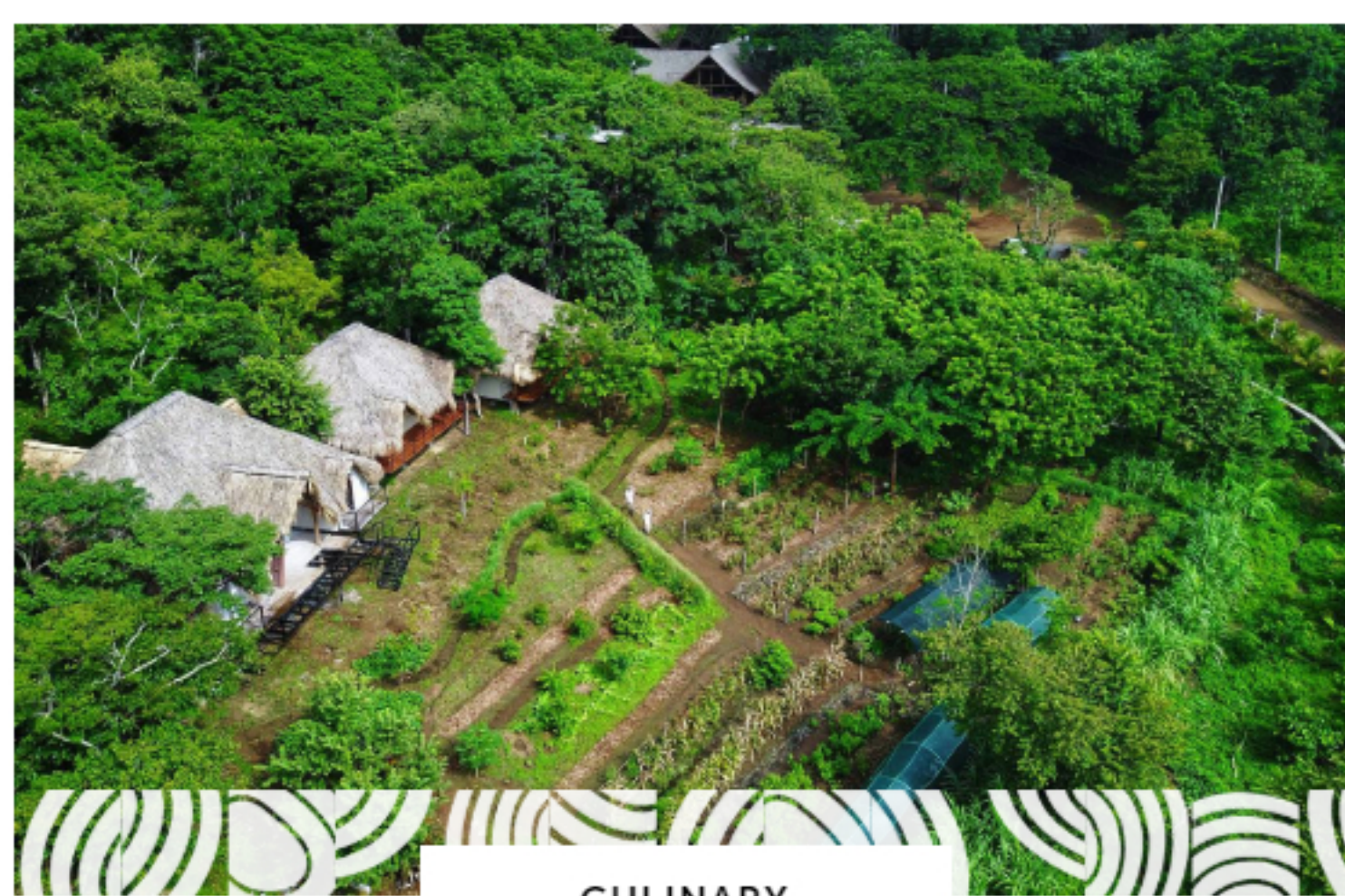


CULINARY

### Superfood Foraging

Edible plants and fruits are all around the TreeCasa campus, planted by design as a "food forest". Sample superfoods like Moringa right on site!

MORE INFO >



CULINARY

### The Garden Stroll

Take a short stroll to the organic garden where you'll learn about what it takes to be organic and see what's growing this week.

Inquire at the restaurant or reception

MORE INFO >



CULINARY

### Cooking Classes

Join in on a farm-to-table cooking class, starting with a foraging walk through the organic garden, then cooking it up in our demonstration kitchen.

Inquire for the latest class schedule

MORE INFO >

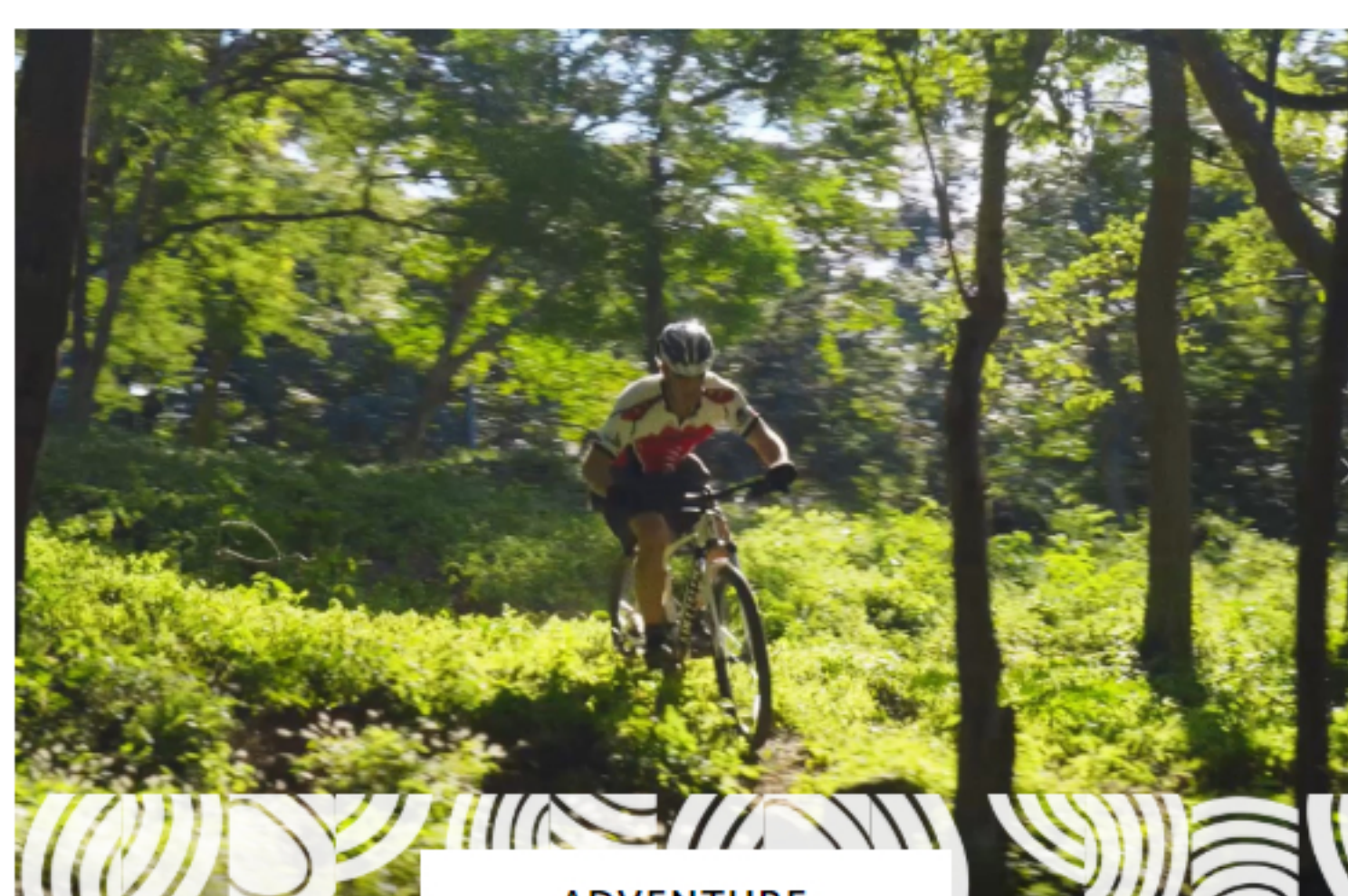


COMMUNITY

### An Organic Connection

TreeCasa partnered with a local orphanage to help plant their own organic garden, spreading environmentally sound farming practices and healthy eating throughout the community.

MORE INFO >



ADVENTURE

### Mountain Biking

Ride straight out of reception and up into over 20 km of purpose-built mountain bike trails. Loops for every level of rider. Banks, berms, and views galore!

Inquire at reception for bike availability | All day

MORE INFO >



HEALTH & WELLNESS

### Massage

Indulge in a relaxing Swedish massage on a lazy Sunday, or go deep-tissue after a hard day in the water or on the trails.

MORE INFO >